Maine Center for Disease Control and Prevention
An Office of the Department of Health and Human Services

Ngec ikom kit me tic ki cek me nyig yen ki pot dek (pot karatac 6) – nen cal ma pinyi:

1. Cek me nyig yen ki pot dek kitwero tic kwede i ot gwoko jami ma WIC oyero, cuk pa lupur onyo kacat pa lupur.

② **Nen nino dwe ma i cek me WIC. ook at the dates on the WIC check.** Nino dwe me acel aye nino me acel ma itwero tic kwede ki cek man. Nino dwe me ary aye nino me agiki me tic kwede. Itwero tic ki nama mo keken me WIC ikin nino dwe magi.

③ **Nen wel dola ma kicoyo inge cek meri.**

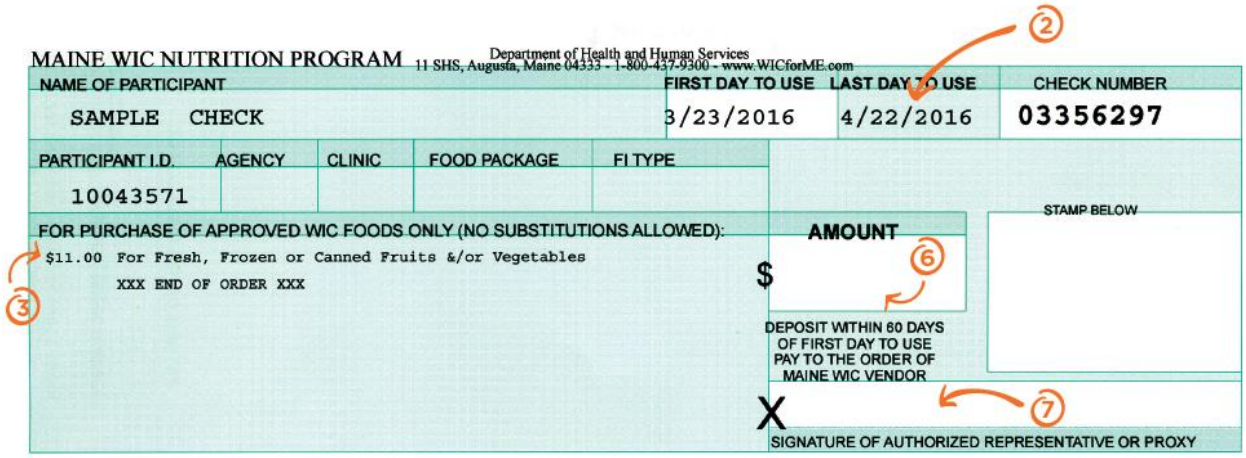
4. Ket nyig yen ki pot dek idul acel kama kingiyo iye jami.

5 Mii boc meri me WIC ki cek ma itye ka tic kwede bot ngat ma kiculo cul bote ma peya kiketo cam i macin me amenya.

⑥ **Coo wel cam me WIC i cek nikwanyo ka ngat ma kiculo cul bote ocoyo ki macin ma nyuto wel jami.** Wel ma kicoyo pe twero kato wel m tye I cek. Ka wel kato wel me nyig yen ki pot dek ma tye i cek, in myero icul wiye ma okatoni. Labole:

- Wel nyig yen ki pot dek ma i cek tye $11.00.
- Wel ducu ma myero icul tye $12.00.
- In myero icul $1.00 ma okato iwiyeni.

K**a wel nyig yat ki pot dek ma itye kawilo pe oo iwel ma tye icek, pe kibimii ciling ma odong ki iwiyeni.**

⑦ **Ket cigin inyim cek itere tung lacuc ci idwok cek man bot ngat ma kiculo cul bote.** Ngat ma kiculo cul bote bineno ni cing rwate ki cing ma kiye ni itii kwede i boc me WIC.

8. Bed ki gen ni ibinongo boc ma kameri kacel ki ricit ma peya iaa ki kama kiniyo jami iye, cuk pa lupur, kacat pa lupur.